

Fall 2026 Textbook List

This list includes all course materials for Fall 2026. Items marked REQUIRED must be purchased unless noted as free or subscription access. Items marked SUBSCRIPTION or FREE / OA are available through the university at no cost. Items marked OPTIONAL or RECOMMENDED are not required. Items marked PREV. PURCHASE should already be owned.

CO 610 | Counseling Orientation & Ethics

REQUIRED

Issues and Ethics in the Helping Professions

Corey, Corey, Corey · 11th · 2024 · Cengage

ISBN-13: 9780357622599

OPTIONAL

Publication Manual of the American Psychological Association

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 611 | Social & Cultural Counseling

REQUIRED

Cultural Diversity: A Primer for the Human Services

Diller · 6th · 2019 · Cengage

ISBN-13: 9781337563383

OPTIONAL

Publication Manual of the American Psychological Association

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 612 | Human Development

REQUIRED

An Advanced Lifespan Odyssey for Counseling Professionals

Erford · 2017 · Cengage

ISBN-13: 9781285083582

OPTIONAL

Publication Manual of the American Psychological Association

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 613 | Research Methods & Program Evaluation

REQUIRED

Publication Manual of the American Psychological Association

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

Same manual is Optional in most Counseling (CO) courses and Recommended in a few -- see separate rows below for those adoption levels.

REQUIRED**Research Methods for the Behavioral Sciences**

Gravetter, Forzano · 6th · 2018 · Cengage

ISBN-13: 9781337619554

REQUIRED**Qualitative Research Design**

Richards, Morse · 2013 · SAGE Publications

Source: only available via the SAGE Research Methods Library through LibLynx (DOI 10.4135/9781071909898); no standalone print ISBN found.

CO 614 | Career Counseling**REQUIRED****Career Counseling: A Holistic Approach**

Zunker · 9th · 2016 · Cengage

ISBN-13: 9781305087286

OPTIONAL**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 615 | Assessment & Testing**REQUIRED****Essentials of Testing and Assessment: A Practical Guide for Counselors, Social Workers, and Psychologists**

Neukrug, Fawcett · 3rd · 2019 · Cengage

ISBN-13: 9781285454245

OPTIONAL**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 616 | Psychodiagnosis**REQUIRED****Diagnostic and Statistical Manual of Mental Disorders: DSM-5-TR**

American Psychiatric Association · 5th · 2022 · American Psychiatric Association Publishing

ISBN-13: 9780890425763

CO 67X cites this same manual but with the year given as '2013' (the original DSM-5, not the 2022 Text Revision) -- likely a copy-paste error from an older syllabus; treated here as the current DSM-5-TR consistent with every other course using it.

CO 617 | Crisis, Trauma & Suicide**REQUIRED****A Guide to Crisis Intervention**

Kanel · 6th · 2019 · Cengage

ISBN-13: 9780357561414

REQUIRED**The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma**

van der Kolk · 2014 · Viking

ISBN-13: 9780670785933

REQUIRED**Guide to Crisis Intervention**

Kanel, Kristi · 6TH 18 · Cengage Learning

ISBN-13: 978-1-337-56641-4

Added from CourseData-4.txt vendor upload

OPTIONAL**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 618 | Substance Abuse & Addictions**REQUIRED****Diagnostic and Statistical Manual of Mental Disorders: DSM-5-TR**

American Psychiatric Association · 5th · 2022 · American Psychiatric Association Publishing

ISBN-13: 9780890425763

CO 67X cites this same manual but with the year given as '2013' (the original DSM-5, not the 2022 Text Revision) -- likely a copy-paste error from an older syllabus; treated here as the current DSM-5-TR consistent with every other course using it.

REQUIRED**Concepts of Chemical Dependency**

Doweiko · 11th · 2024 · Cengage

ISBN-13: 9780357764497

RECOMMENDED**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 619 | Theories in Counseling**REQUIRED****Current Psychotherapies**

Wedding, Corsini · 11th · 2019 · Cengage

ISBN-13: 9781305865754

CO 630 | Counseling Skills**REQUIRED****Foundational Counseling Skills**

Pope · 3rd · 2021

No ISBN, publisher, or detailed publication info located via search for this specific title/author/edition combination.

OPTIONAL**The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping**

Egan, Reese · 11th · 2018 · Cengage/Brooks Cole

Source explicitly tags this 'Optional' even though listed under a 'Required Texts' header; no ISBN located via search.

CO 631 | Group Counseling

REQUIRED**Groups: Process and Practice**

Corey, Corey, Corey · 10th · 2018 · Cengage

ISBN-13: 9781305865709

REQUIRED**Group Work (Chapter 12), in Synchronous Online Counseling and Supervision in the 21st Century**

Todd, James, Perez · 2020

A single book chapter, not a standalone title; parent book's ISBN not located via search.

RECOMMENDED**Practice Guidelines for Group Psychotherapy**

American Group Psychotherapy Association · 2007 · American Group Psychotherapy Association

No ISBN located via search.

RECOMMENDED**Multicultural and Social Justice Counseling Competencies**

Association for Multicultural Counseling and Development · 2015 · AMCD

No ISBN located via search.

RECOMMENDED**Group Counseling and Group Work (Chapter 6), in Encyclopedia of Counseling**

Rosenthal · 4th · 2017 · Routledge

A single book chapter; parent encyclopedia's ISBN not located via search.

CO 640 | Foundations of School Counseling - Models & Systems**REQUIRED****The Transformed School Counselor**

Stone, Dahir · 4th · 2024 · Cengage

ISBN-13: 9780357764770

REQUIRED**ASCA National Model: A Framework for School Counseling Programs**

American School Counselor Association · 4th · 2019 · ASCA

Sold via Amazon/ASCA Bookstore (membership required); no ISBN located via search.

REQUIRED**Utah College and Career Readiness School Counseling Program Model**

Utah State Board of Education · 3rd · Utah State Board of Education

State-specific publication; likely no commercial ISBN.

RECOMMENDED**ASCA National Model Implementation Guide: Manage and Assess**

American School Counselor Association · 2nd · 2019 · ASCA

Sold via Amazon/ASCA Bookstore; no ISBN located via search. Source notes these Recommended titles are supplemental, not required.

RECOMMENDED**Making Data Work**

Young, Kaffenberger · 4th · 2019 · ASCA

Sold via Amazon/ASCA Bookstore; no ISBN located via search.

RECOMMENDED**School Counseling Principles: Ethics and Law**

Stone · 4th · 2017 · ASCA

Sold via Amazon/ASCA Bookstore; no ISBN located via search.

CO 641 | College & Career Readiness

REQUIRED**On Course: Strategies for Creating Success in College, Career, and Life**

Downing · 10th · Cengage

Source gave no author; commonly authored by Skip Downing. No ISBN located via search.

REQUIRED**On Course: Strategies for Creating Success in College, Career, and Life**

Downing, Skip · 10TH 26 · Cengage Learning

ISBN-13: 979-82-14-14494-8

Added from CourseData-4.txt vendor upload

CO 642 | School Counseling Interventions for Student Success**REQUIRED****Exploring School Counseling: Professional Practices and Perspectives**

Davis · 2nd · 2015 · Cengage

No ISBN located via search.

REQUIRED**Exploring School Counseling**

Davis, Tamara E. · 2ND 15 · Cengage Learning

ISBN-13: 978-1-285-73616-7

Added from CourseData-4.txt vendor upload

OPTIONAL**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 650 | Mental Health Care Systems**REQUIRED****Essentials of Intentional Counseling and Psychotherapy in a Multicultural World**

Ivey, Ivey, Zalaquett · 4th · 2024 · Cengage

ISBN-13: 9780357764633

REQUIRED**Crisis Intervention Strategies**

James, Whisenhunt, Myer · 9th · 2025 · Cengage

ISBN-13: 9780357622698

REQUIRED**Interpersonal Process in Therapy: An Integrative Model**

Teyber, Teyber · 7th · 2016 · Cengage

ISBN-13: 9781305271531

REQUIRED**Essentials of Intentional Counseling and Psychotherapy in a Multicultural World - With MindTap**

Ivey, Allen · 4TH 24 · Cengage Learning

ISBN-13: 979-82-14-10934-3

Added from CourseData-4.txt vendor upload

OPTIONAL**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 651 | Psychopharmacology & Treatment Planning

REQUIRED

Essentials of Intentional Counseling and Psychotherapy in a Multicultural World

Ivey, Ivey, Zalaquett · 4th · 2024 · Cengage
ISBN-13: 9780357764633

REQUIRED

Interpersonal Process in Therapy: An Integrative Model

Teyber, Teyber · 7th · 2016 · Cengage
ISBN-13: 9781305271531

REQUIRED

Theory and Treatment Planning in Counseling and Psychotherapy

Gehart · 2016 · Cengage
No ISBN located via search.

REQUIRED

Psychopharmacology for Mental Health Professionals: An Integrative Approach

Ingersoll, Rak · 2016 · Cengage
No ISBN located via search.

REQUIRED

Essentials of Intentional Counseling and Psychotherapy in a Multicultural World - With MindTap

Ivey, Allen · 4TH 24 · Cengage Learning
ISBN-13: 979-82-14-10934-3
Added from CourseData-4.txt vendor upload

REQUIRED

Theory and Treatment Planning in Counseling and Psychotherapy

Gehart, Diane R. · 2ND 16 · Cengage Learning
ISBN-13: 978-1-305-08961-7
Added from CourseData-4.txt vendor upload

REQUIRED

Psychopharmacology for Mental Health Professionals

Ingersoll, Elliott R. · 2ND 16 · Cengage Learning
ISBN-13: 978-1-285-84522-7
Added from CourseData-4.txt vendor upload

RECOMMENDED

The Psychiatric Evaluation and Psychopharmacology Treatment Planner

Jongsma · 2003 · Wiley
No ISBN located via search.

RECOMMENDED

The Complete Adult Psychotherapy Treatment Planner

Jongsma, Peterson, Bruce · 6th · 2021 · Wiley
No ISBN located via search.

RECOMMENDED

The Art and Science of Psychopharmacology: Essential Tools for Treating Anxiety, Depression, Bipolar Disorder, & Psychosis

Marie · 2020 · PESI Inc.
No ISBN located via search.

CO 654 | Counseling Children & Adolescents in the Family System

REQUIRED**Counseling Children**

Henderson, Thompson · 9th · 2016 · Cengage

No ISBN located via search.

REQUIRED**Mastering Competencies in Family Therapy: A Practical Approach to Theories and Clinical Case Documentation**

Gehart · 4th · 2024 · Cengage

No ISBN located via search.

REQUIRED**Counseling Children**

Henderson, Donna A. · 9TH 16 · Cengage Learning

ISBN-13: 978-1-285-46454-1

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OPTIONAL**The Family Crucible**

Napier, Whitaker · Harper Paperbacks

No ISBN located via search.

OPTIONAL**Parenting with Love and Logic**

Fay, Cline · Love and Logic Press

No ISBN located via search.

OPTIONAL**Parenting with Love and Logic**

Cline, Foster / Fay, Jim · 2020 · Tyndale House Pub., Inc.

ISBN-13: 978-1-63146-906-0

Added from CourseData-4.txt vendor upload

OPTIONAL**Family Crucible**

Napier, Augustus Y. · 1978 · HarperCollins Publishers

ISBN-13: 978-0-06-091489-9

Added from CourseData-4.txt vendor upload

CO 657 | Biopsychosocial Aspects of Addiction**REQUIRED****Diagnostic and Statistical Manual of Mental Disorders: DSM-5-TR**

American Psychiatric Association · 5th · 2022 · American Psychiatric Association Publishing

ISBN-13: 9780890425763

CO 67X cites this same manual but with the year given as '2013' (the original DSM-5, not the 2022 Text Revision) -- likely a copy-paste error from an older syllabus; treated here as the current DSM-5-TR consistent with every other course using it.

REQUIRED**Drugs Across the Spectrum**

Goldberg, Mitchell · 9th · 2023 · Cengage

ISBN-13: 9780357852651

RECOMMENDED**Publication Manual of the American Psychological Association**

American Psychological Association · 7th · 2020 · APA

ISBN-13: 9781433832161

CO 663 | Introduction to Creativity in Counseling

REQUIRED

The Creative Arts in Counseling

Gladding · 2021 · John Wiley & Sons

No edition or ISBN located via search.

REQUIRED

Creative Arts in Counseling

Gladding, Samuel T. · 6TH 21 · Ingram Publisher Services

ISBN-13: 978-1-55620-406-7

Added from CourseData-4.txt vendor upload

CO 670 | Counseling Practicum

No required texts — please check with your course instructor.

CO 671A | Counseling Internship: Mental Health

No required texts — please check with your course instructor.

CO 671B | Counseling Internship: Mental Health

No required texts — please check with your course instructor.

CO 672A | Counseling Internship: School

No required texts — please check with your course instructor.

CO 672B | Counseling Internship: School

No required texts — please check with your course instructor.

CO 675A | Counseling Internship: Marriage, Couples, & Family

No required texts — please check with your course instructor.