

Rocky Mountain University of Health Professions | Counseling | Summer 2026 Booklist

Important Note for Students

Please note for Counseling Students:

- The DSM-5-TR (Diagnostic and Statistical Manual of Mental Disorders, Text Revision) is available for free online via our databases. Navigate to LibLynx > Databases A-Z > Psychiatry Online.
- Other Cengage-published items are free via Canvas. Look at the links in your course.

REQUIRED

RECOMMENDED

OPTIONAL

CO 610: Counseling Orientation & Ethics

• REQUIRED

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

• REQUIRED

Corey G. (2024). *Issues and Ethics in Helping Professions*. 11th ed., 2024. Cengage Learning. ISBN: 978-0-357-62259-9.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-34699-1

CO 611: Social & Cultural Counseling

• REQUIRED

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

• REQUIRED

Diller JV. (2019). *Cultural Diversity: A Primer for the Human Services*. 6th ed., 2019. Cengage Learning. ISBN: 978-1-337-56338-3.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-34125-5

CO 612: Human Development

• REQUIRED

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

● **REQUIRED**

Erford B. (2017). *Advanced Lifespan Odyssey for Counseling Professionals*. 2017. Cengage Learning. ISBN: 978-1-285-08358-2.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-33708-1

CO 613: Research Methods & Program Evaluation

● **REQUIRED**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

● **REQUIRED**

Gravetter FJ. (2018). *Research Methods for Behavior Science (Looseleaf) - Text Only*. 6th ed., 2018. Cengage Learning. ISBN: 978-1-337-61955-4.

Format: Loose-Leaf

eBook available — VitalSource eBook | ISBN: 979-82-14-35195-7

Out of Print. Verify availability before purchasing.

CO 614: Career Counseling

● **REQUIRED**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

● **REQUIRED**

Zunker VG. (2016). *Career Counseling*. 9th ed., 2016. Cengage Learning. ISBN: 978-1-305-08728-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-33934-4

CO 615: Assessment & Testing

● **REQUIRED**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

● **REQUIRED**

Neukrug ES. (2015). *Essentials of Testing and Assessment - Text Only*. 3rd ed., 2015. Cengage Learning. ISBN: 978-1-285-45424-5.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-34322-8

CO 616: Psychodiagnosis

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

- **REQUIRED**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

CO 617: Crisis, Trauma & Suicide

- **REQUIRED**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

- **REQUIRED**

Kanel K. (2018). *Guide to Crisis Intervention*. 6th ed., 2018. Cengage Learning. ISBN: 978-1-337-56641-4.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-34485-0

- **REQUIRED**

van der Kolk B. (2014). *Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*. 2014. Penguin Random House Llc. ISBN: 978-0-670-78593-3.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-1-101-60830-2

CO 618: Substance Abuse & Addictions

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

- **REQUIRED**

Doweiko HE. (2024). *Concepts of Chemical Dependency*. 11th ed., 2024. Cengage Learning. ISBN: 978-0-357-76449-7.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-34046-3

CO 619: Theories in Counseling

- REQUIRED

Wedding D, Corsini RJ. (2019). *Current Psychotherapies*. 11th ed., 2019. Cengage Learning. ISBN: 978-1-305-86575-4.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-34134-7

CO 630: Counseling Skills

- OPTIONAL

Egan G. (2019). *Skilled Helper*. 11th ed., 2019. Cengage Learning. ISBN: 978-1-305-86571-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-35278-7

CO 631: Group Counseling

- REQUIRED

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

- REQUIRED

Corey MS, Corey G, Corey C. (2018). *Groups: Process and Practice*. 10th ed., 2018. Cengage Learning. ISBN: 978-1-305-86570-9.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-34481-2

Check edition information — 10th edition is required/recommended. Review with faculty member before purchasing a newer edition.

CO 640: Foundations of School Counseling - Models & Systems

- REQUIRED

Stone C. (2024). *Transformed School Counselor*. 4th ed., 2024. Cengage Learning. ISBN: 978-0-357-76477-0.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-35478-1

CO 641: College & Career Readiness

- REQUIRED

Downing S. (2026). *On Course: Strategies for Creating Success in College, Career, and Life*. 10th ed., 2026. Cengage Learning. ISBN: 979-82-14-14494-8.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-58244-3

CO 642: School Counseling Interventions for Student Success

- **REQUIRED**

Davis TE. (2015). *Exploring School Counseling*. 2nd ed., 2015. Cengage Learning. ISBN: 978-1-285-73616-7.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 978-1-285-96593-2

CO 650: Mental Health Care Systems

- **REQUIRED**

Ivey AE. (2024). *Essentials of Intentional Interviewing*. 4th ed., 2024. Cengage Learning. ISBN: 978-0-357-76463-3.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-11985-4

- **REQUIRED**

James RK. (2025). *Crisis Intervention Strategies*. 9th ed., 2025. Cengage Learning. ISBN: 978-0-357-62269-8.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-12578-7

- **REQUIRED**

Teyber E. (2017). *Interpersonal Process in Therapy*. 7th ed., 2017. Cengage Learning. ISBN: 978-1-305-27153-1.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-34623-6

- **OPTIONAL**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

CO 651: Psychopharmacology & Treatment Planning

- **REQUIRED**

Gehart DR. (2016). *Theory and Treatment Planning in Counseling and Psychotherapy*. 2nd ed., 2016. Cengage Learning. ISBN: 978-1-305-08961-7.

Format: Print On Demand

eBook available — VitalSource eBook | ISBN: 979-82-14-35493-4

- **REQUIRED**

Ingersoll ER. (2016). *Psychopharmacology for Mental Health Professionals*. 2nd ed., 2016. Cengage Learning. ISBN: 978-1-285-84522-7.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 978-1-305-53723-1

● **REQUIRED**

Ivey AE. (2024). *Essentials of Intentional Interviewing*. 4th ed., 2024. Cengage Learning. ISBN: 978-0-357-76463-3.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-11985-4

● **REQUIRED**

Teyber E. (2017). *Interpersonal Process in Therapy*. 7th ed., 2017. Cengage Learning. ISBN: 978-1-305-27153-1.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-34623-6

RECOMMENDED

Jongsma AE, Petersen LM, Bruce TJ. (2021). *Complete Adult Psychotherapy Treatment Planner*. 6th ed., 2021. John Wiley & Sons, Inc. ISBN: 978-1-119-62993-1.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 978-1-119-62992-4

RECOMMENDED

Jongsma AEJ, Purselle DC, Nemeroff CB. (2003). *Psychopharmacology Treatment Planner*. 2003. John Wiley & Sons, Inc. ISBN: 978-0-471-43322-4.

Format: Paperback

RECOMMENDED

Marie S. (2020). *Art and Science of Psychopharmacology*. 2020. Pesi. ISBN: 978-1-68373-316-4.

Format: Paperback

CO 652: Systems Theory for Families & Couples

● **REQUIRED**

Goldenberg I, Stanton M, Goldenberg H. (2017). *Family Therapy: Overview*. 9th ed., 2017. Cengage Learning. ISBN: 978-1-305-09296-9.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-34359-4

○ **OPTIONAL**

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020. American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

CO 656: Treatment of Addictions

● **REQUIRED**

Lewis JA. (2019). *Substance Abuse Counseling*. 6th ed., 2019. Cengage Learning. ISBN: 978-1-337-56661-2.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 979-82-14-35361-6

● REQUIRED

Van Wormer K, Davis DR. (2018). *Addiction Treatment*. 4th ed., 2018. Cengage Learning. ISBN: 978-1-305-94330-8.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 979-82-14-33686-2

Check edition information — 4th edition is required/recommended. Review with faculty member before purchasing a newer edition. New edition ISBN: 0-357-93634-5.

○ OPTIONAL

American Psychological Association. (2020). *Publication Manual of the American Psychological Association (Spiral)*. 7th ed., 2020.

American Psychological Association - APA. ISBN: 978-1-4338-3217-8.

Format: Spiral

CO 662: Therapeutic Play

● REQUIRED

Axline V. (1964). *Dibs in Search of Self*. 1964. Penguin Random House Llc. ISBN: 978-0-345-33925-6.

Format: Paperback

Out of Print. Verify availability before purchasing.

● REQUIRED

Schaefer CE. (2014). *Therapeutic Powers of Play*. 2nd ed., 2014. John Wiley & Sons, Inc. ISBN: 978-1-118-33687-8.

Format: Paperback

eBook available — VitalSource eBook | ISBN: 978-1-118-42020-1

CO 670: Counseling Practicum

● REQUIRED

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 671A: Counseling Internship: Mental Health

● REQUIRED

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 671B: Counseling Internship: Mental Health

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

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Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 671C: Counseling Internship: Mental Health

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 672A: Counseling Internship: School

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 672B: Counseling Internship: School

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 672C: Counseling Internship: School

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 675A: Counseling Internship: Marriage, Couples, & Family

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 675B: Counseling Internship: Marriage, Couples, & Family

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

Free via LibLynx: <https://psychiatryonlineorg.rmuohp.proxy.liblynxgateway.com/doi/book/10.1176/appi.books.9780890425787>

CO 675C: Counseling Internship: Marriage, Couples, & Family

- **REQUIRED**

American Psychiatric Association. (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision DSM-5-TR*. 5th ed., 2022. American Psychiatric Press Inc. ISBN: 978-0-89042-575-6.

Format: Hardback

eBook available — VitalSource eBook | ISBN: 978-0-89042-577-0

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