

Introduction to the LRC

Accessing LRC Resources in Your PJs



Rocky Mountain
University
of Health Professions

Welcome to the Learning Resource Center for Rocky Mountain University of Health Professions



Objectives

Learn:

- How to navigate LibLynx
- How to use a Discovery Service
- How to find Full-Text
- Quick Intro to Citation Managers
- How to Contact Your Librarians

Karen Newmeyer, JD, MLS, AHIP
LRC Director



Caitlyn Towne-Anderson, MLIS, BA
Assistant Librarian II



Okta

Okta, our Single-Sign in System, allows you to log into LibLynx seamlessly. Log into your Okta account and look for the LibLynx Chicklet

ROCKY MOUNTAIN UNIVERSITY of HEALTH PROFESSIONS

LRC Resource Access 24/7 From Anywhere

LibLynx

Welcome to our new access portal to all LRC resources. Please use your email login for access.

RMU Login @rm.edu
Please login with your @rm.edu email address below

first.last@rm.edu

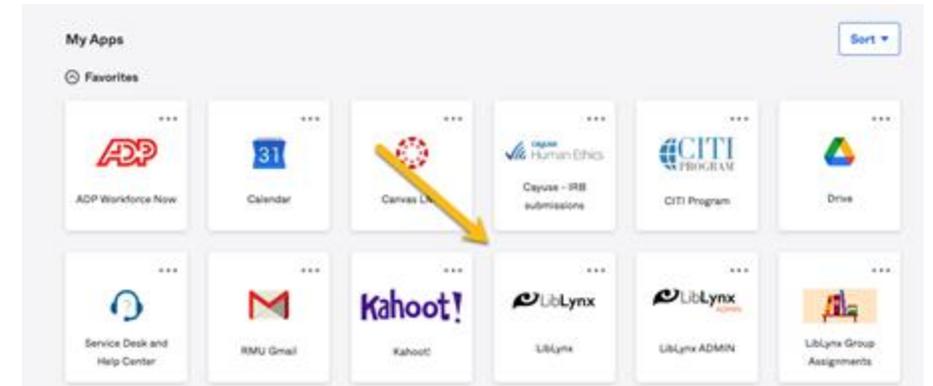
Alumni/Preceptor Login
Alumni and Preceptors- use your registered email address and password

Email

Password

Remember me [Forgot your password?](#)

Login



Since you have a rm.edu email address, click the left option. Your Okta account and rm.edu email address will remain active even after graduation. Continue to use this method to access library resources, although your status and access will change.

LibLynx Gateway

From within the LibLynx Gateway, you will see resources specific to your program. Click on the white drop-down to open and close panels. Customize your portal. Move panels around by clicking and dragging. Open panels. Minimize panels you don't want to see all the time.

The screenshot displays the LibLynx Gateway interface. At the top, a blue navigation bar contains the text "Book a Librarian" on the left and a "Schedule Appointment" button on the right. Below this bar, the Rocky Mountain University logo is on the left, the text "LRC Resource Access 24/7 From Anywhere" is centered, and the LibLynx logo is on the right. A secondary navigation bar includes a "Show" dropdown, a "Contact Us" button, and a user profile for "Karen Newmeyer (RMUoHP)".

The main content area is divided into three vertical panels, each with a title bar and a settings icon:

- Library Services:** Contains an "About Us" section with text: "The Library is pleased to bring you LibLynx. Now you can access our resources from anywhere through a single login!". It also lists "Library Staffed:" with hours "Monday - Friday 9 am - 5 pm MST" and a note: "Except for major national holidays. However, we check our emails on weekends, evenings, and holidays." Below this, it says "Can't Find What You Need? We are happy to help." and lists staff members: Karen Newmeyer, Monica Benavides (only available on weekends online), and Caitlyn Towne-Anderson. It ends with "Email us at library@rm.edu".
- Occupational Therapy:** Lists various resource categories: ANATOMY RESOURCES, BOOKS, CAPSTONES, DATABASES, MULTI-MEDIA, PROFESSIONAL ORGANIZATIONS, and SPECIALTY JOURNALS (included in an EBSCO Discovery search).
- Discovery Services:** Features the "EBSCO Discovery" section with the EBSCO logo and "EBSCO Discovery Service" text. It includes a search bar with the placeholder "Search across all datasets" and a "Search" button. Below the search bar are two checkboxes: "Full Text (Online)" and "Scholarly (Peer-Reviewed)". At the bottom of this panel, there are three buttons: "Library Catalog via WorldCat Discovery", "PubMed", and "Google Scholar".

Program Panel

On your program panel, you will see that resources are divided by resource type: Anatomy Resources, Books (not a comprehensive list of books), Databases, etc. Click on the name to open those resources.

The screenshot shows a program panel for Health Sciences. At the top, the text reads "PhD Health Sciences/Doctor of Health Sciences/Master of Health Sciences" with a gear icon and an upward arrow icon. Below this, the panel is divided into several sections, each with a header and a list of resources:

- ANATOMY**
 -  [Additional Anatomy Sites](#)
 -  [Anatomy.TV](#)
 -  [Netter's Anatomy Coloring Book, 3rd ed](#)
 -  [Thieme](#)
- BOOKS**
- DATABASES**
- DISSERTATIONS**
- MULTI-MEDIA**
- SPECIALTY JOURNALS (included in an EBSCO Discovery Search)**

Discovery Services

Under Discovery Services, you will see our two discovery services: EBSCO Discovery and World Cat Discovery. A discovery service searches multiple databases at once. If searching for something particular, you can search a specific database in your program panel or under Databases A–Z.



Databases A-Z

- Academic Leader
- AccessMedicine
- AccessPhysiotherapy
- AMA Manual Of Style
- Browzine
- Chronicle of Higher Education Online
- Cinahl Ultimate
- Cochrane Central Register of Controlled Trials



Discovery Services

EBSCO Discovery

EBSCO Discovery Service

Search across all datasets Search

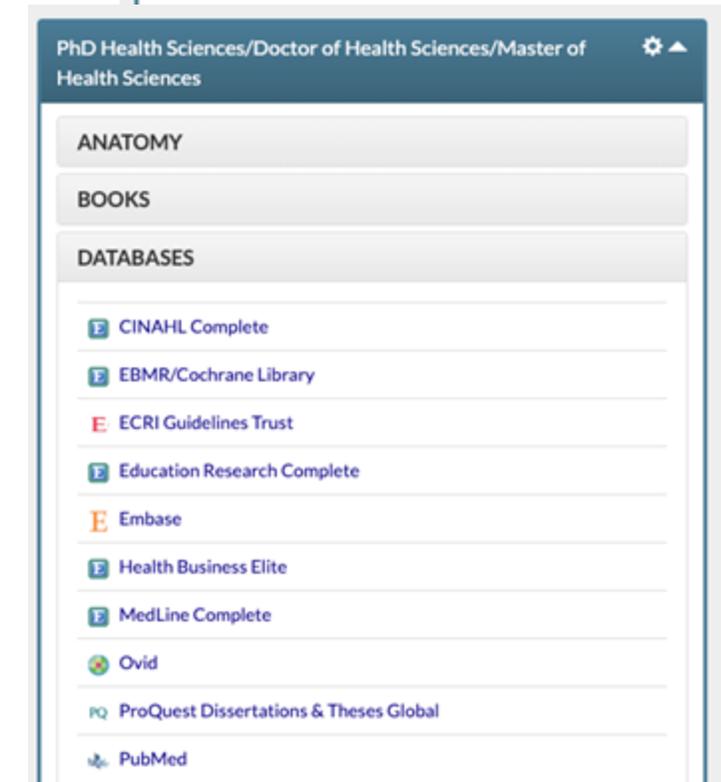
Full Text (Online)

Scholarly (Peer-Reviewed)

Library Catalog via WorldCat Discovery

PubMed

Google Scholar



PhD Health Sciences/Doctor of Health Sciences/Master of Health Sciences

ANATOMY

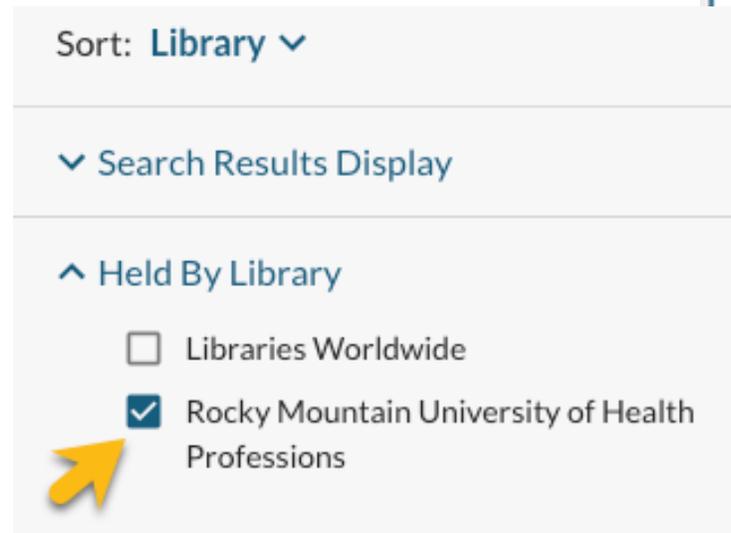
BOOKS

DATABASES

- CINAHL Complete
- EBMR/Cochrane Library
- ECRI Guidelines Trust
- Education Research Complete
- Embase
- Health Business Elite
- MedLine Complete
- Ovid
- ProQuest Dissertations & Theses Global
- PubMed

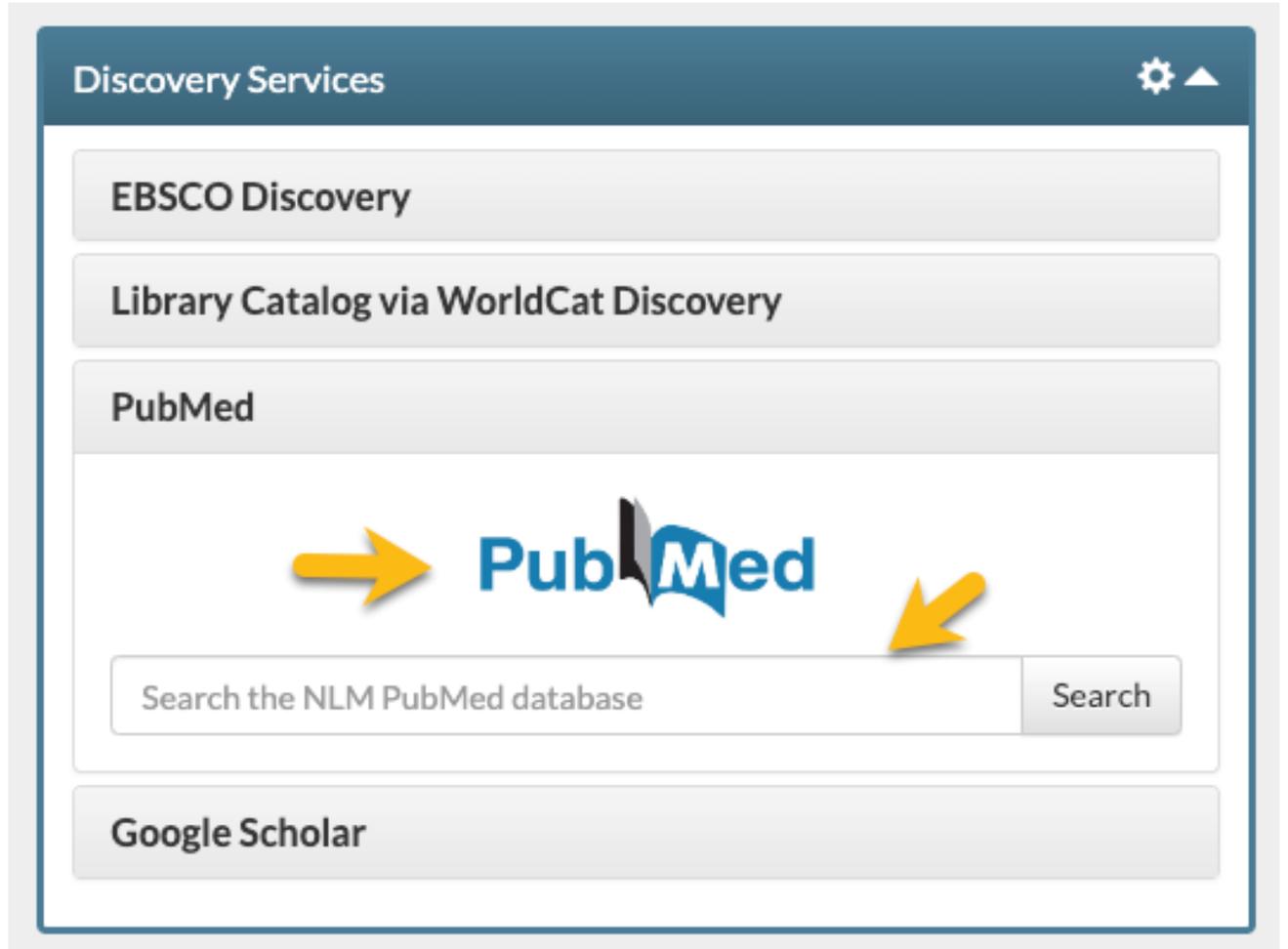
EBSCO Discovery vs. WorldCat Discovery

EBSCO searches around 85% of our collection, so if you want a broader search, EBSCO is a good search engine. You can also search WorldCat Discovery, which searches 100% of our collection. So why would you choose EBSCO over WorldCat? Because EBSCO is a better search engine than WorldCat. However, WorldCat does include our book collection, both print and online. Caution: be sure your search is limited to our collection, not Libraries Worldwide.



PubMed & Google Scholar

Under discovery services, we also list PubMed and Google Scholar. You can enter a search from here or click on the icon to go to the database directly.



The screenshot shows a web interface titled "Discovery Services" with a gear icon and an upward arrow in the top right corner. Below the title, there are several menu items: "EBSCO Discovery", "Library Catalog via WorldCat Discovery", "PubMed", and "Google Scholar". The "PubMed" menu item is highlighted, and a yellow arrow points to the right towards the PubMed logo. Below the logo, there is a search bar with the text "Search the NLM PubMed database" and a "Search" button. Another yellow arrow points to the search bar.

So Many Databases, So Little Time



So, you have a research question. Where do you start? Here is how I (Karen Newmeyer) approach a question:

1. EBSCO Discovery is my first stop. It has good coverage and is a good search engine. (See the video/PowerPoint on Designing a Research Strategy for more on creating a search.)
2. Depending on the topic, my second stop would be PubMed. It is the best of all search engines and has some great tools to limit your search and make it more specific. (Again, see the video/PowerPoint on Designing a Research Strategy.)
3. Be prepared to be shocked. My third stop would be Google Scholar, especially if you are dealing with educational and social science topics. There are some advanced search features. Overall, it is an awesome site.

Finding Full-Text: EBSCO

As you search our paid subscriptions, you will generally see two options. Either "LibKey Instant PDF" or "Check for Full Text via LibKey Link."

- LibKey Instant PDF—Yay!
- View Record in DOAJ—Yay!
- View the record from Science Direct--also cool.
- "Check for Full Text via LibKey Link" will give you some options—everything from the full text to notices of retraction to the option to request this item through Interlibrary loan (ILL). ILL takes a bit longer, so plan ahead.

Peer reviewed | Academic Journal

Cannabidiol enhancement of exposure **therapy** in **treatment** refractory patients with **social anxiety** disorder and **panic** disorder with **agoraphobia**: A randomised controlled trial

By: Kwee, Caroline MB; Baas, Johanna MP; van der Flier, Febe E; +8 more • In: European Neuropsychopharmacology, June 2022 • ScienceDirect

Access options

- LibKey Instant PDF
- Check for Full Text via LibKey Link

Access options

- LibKey Instant PDF
- Check for Full Text via LibKey Link
- View record in DOAJ

Access options

- LibKey Instant PDF
- Check for Full Text via LibKey Link
- View record from ScienceDirect

THE LANCET

RETRACTED: 6-month consequences of COVID-19 in patients discharged from hospital: a cohort study

The Lancet

Huang, Chaolin; Huang, Lixue; Wang, Yeming; Li, Xiaojun; Ren, Jun; Zhao, Peng; Hu, Yibo; Zhou, Li; Zhang, Shouling; Chen, Yongsheng; et al.

Vol. 397 Issue 10270, pp. 220-252, 2021

Full Text Finder

The Management of Depression and Anxiety in Primary Care: Ex Management Program for Veterans

Zuschlag, Zachary, *The Journal of Behavioral Health Services & Research* Volume: 52 Issue 1 (2025) IS

Full Text Finder Results

Resources Located for this Citation

Request via Interlibrary Loan

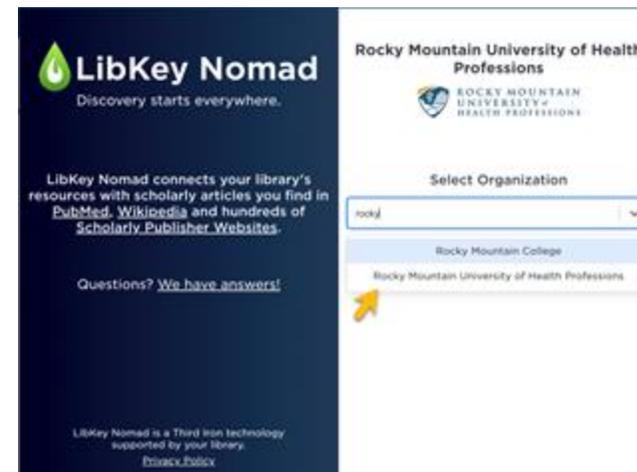
[Request via Interlibrary Loan](#)

Finding Full-Text: PubMed and Google Scholar

What if you search PubMed, Google Scholar, or find an article through another source?

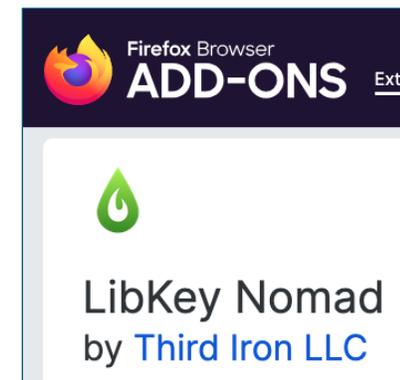
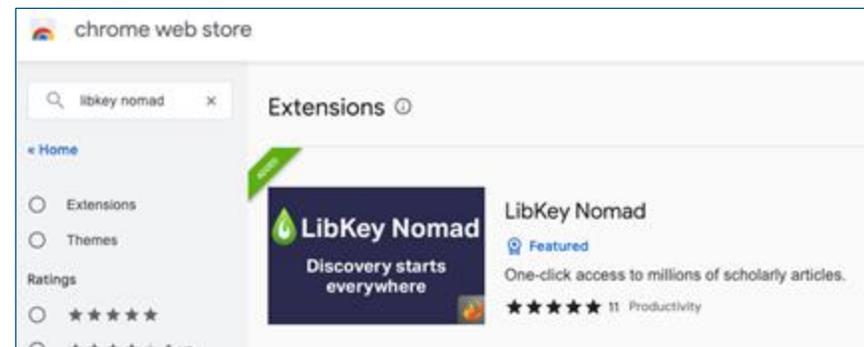
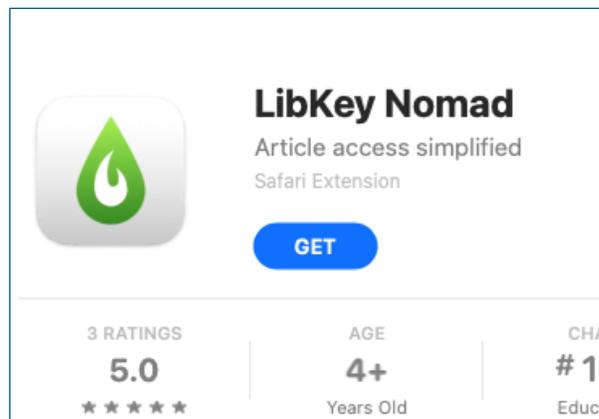
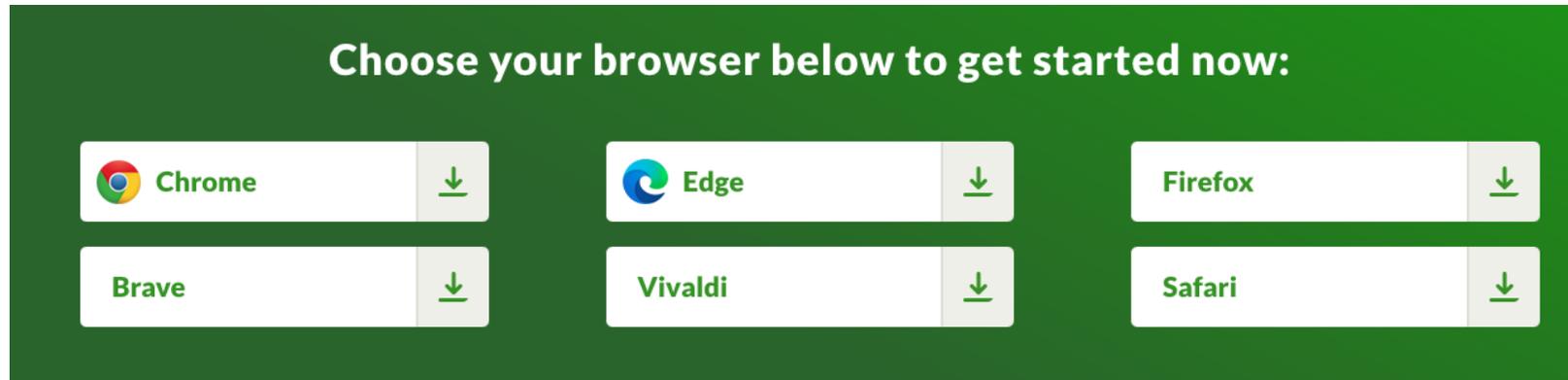
The Answer----LibKey Nomad!

This service we subscribe to operates as an extension on your browser. It works with Chrome, Edge, Firefox, and Safari. If you are using the RMU branded browser, look in the upper right-hand corner of your screen. Look for this green teardrop. It may be gray if it hasn't been activated. To activate, click the teardrop, and this box will appear. Search for Rocky Mountain University to activate.



Installing LibKey Nomad

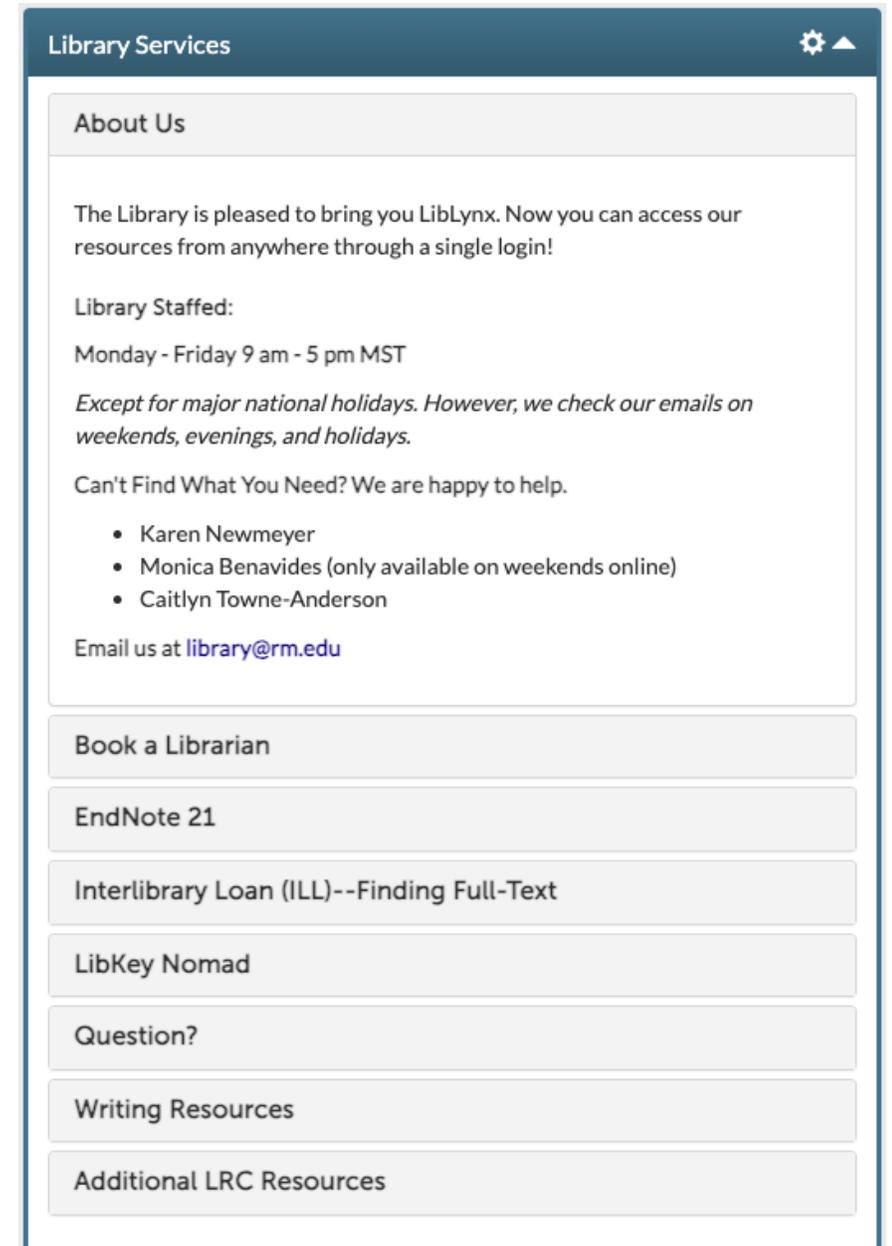
If it isn't on your browser, go to libkeynomad.com, scroll down to find your browser, and download it for free.



Library Services

Note the Library Services offered in the LibLynx Gateway. Click here for:

- Our contact information
- Book a Librarian link
- EndNote download links & training videos
- Instructions for requesting items through Interlibrary Loan
- Instructions on downloading LibKey Nomad (in case you haven't done it yet.)
- Writing Resources, which includes the link to the Writing Center & the AMA Manual of Style
- Additional resources for information include downloading RMU branded templates, links to the online bookstore, training videos, and more.



The screenshot shows the 'Library Services' page in the LibLynx Gateway. The page has a dark blue header with the title 'Library Services' and a gear icon. Below the header is a white content area with a grey 'About Us' section. The 'About Us' section contains the following text: 'The Library is pleased to bring you LibLynx. Now you can access our resources from anywhere through a single login!'. Below this is the 'Library Staffed:' section, which lists the hours 'Monday - Friday 9 am - 5 pm MST' and a note: 'Except for major national holidays. However, we check our emails on weekends, evenings, and holidays.'. A 'Can't Find What You Need? We are happy to help.' section follows, with a bulleted list of staff members: Karen Newmeyer, Monica Benavides (only available on weekends online), and Caitlyn Towne-Anderson. At the bottom of this section is the email address 'library@rmu.edu'. Below the 'About Us' section are several grey buttons for navigation: 'Book a Librarian', 'EndNote 21', 'Interlibrary Loan (ILL)--Finding Full-Text', 'LibKey Nomad', 'Question?', 'Writing Resources', and 'Additional LRC Resources'.

Library Services

About Us

The Library is pleased to bring you LibLynx. Now you can access our resources from anywhere through a single login!

Library Staffed:
Monday - Friday 9 am - 5 pm MST

Except for major national holidays. However, we check our emails on weekends, evenings, and holidays.

Can't Find What You Need? We are happy to help.

- Karen Newmeyer
- Monica Benavides (only available on weekends online)
- Caitlyn Towne-Anderson

Email us at library@rmu.edu

Book a Librarian

EndNote 21

Interlibrary Loan (ILL)--Finding Full-Text

LibKey Nomad

Question?

Writing Resources

Additional LRC Resources

EndNote

EndNote is a citation manager where you can collect citations, organize them, and import them into your document in the citation format of your choice. There are hundreds of citation managers, and you are free to use any of them, but we only support Endnote (because we are not superhuman).

If you are writing a capstone, a scholarly project, a dissertation, or a major writing assignment, you should use a citation manager. I recommend getting started sooner rather than later. You don't want to be halfway through writing your paper and have to go back and load all your resources into a citation manager. Contact the librarians for more information about EndNote.

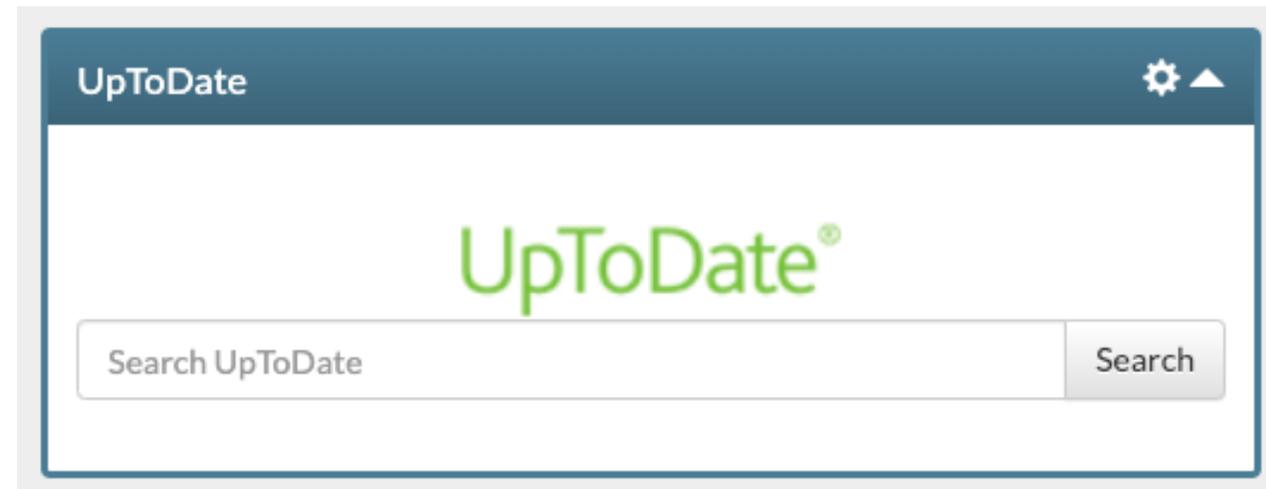


UpToDate

A quick word about UpToDate (point-of-care software). It has a panel, but it will only show if you are in the PA, DMSc, or one of the nursing programs.

The first time you log in, it will prompt you to register. You don't have to register to use it, but if you want to use it on a mobile device, you have to register. You will set up a username and password, which will work on your mobile device for 90 days. You will get an email prompting you to renew, which is done by logging in through LibLynx.

Can you access UpToDate after graduation? No. Our contract with UpToDate is very specific and will not allow you to have access as an alumnus. Sorry.



More Videos/PowerPoints

For more information about how to run a search in our databases, we have created more in-depth videos/PowerPoint presentations on formulating a research strategy, searching using PubMed and EBSCO, and finding Full-Text. They are included in this module and posted in LibLynx under Library Services>Additional LRC Resources>LRC Training.

Additional LRC Resources

[LRC Main Website](#)

[Textbooks](#)

[Copyright & Plagiarism](#)

[Evidence-Based Practice](#)

[EduTech FAQ](#)

[LRC Training](#)

[RMUoHP Capstones & Dissertations](#)

[Faculty Resources](#)

[RMU Branded Templates | PowerPoints and Poster](#)



Review

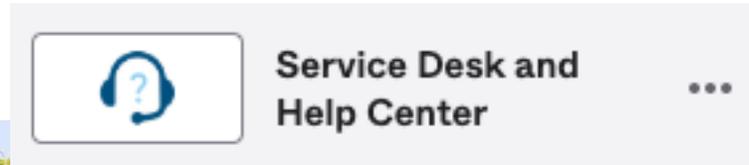
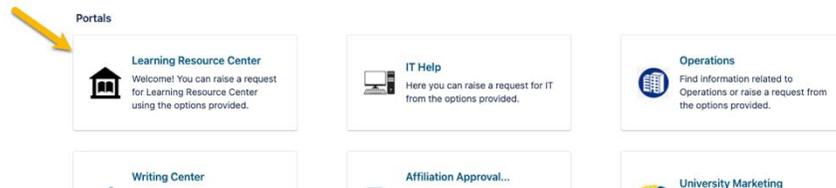
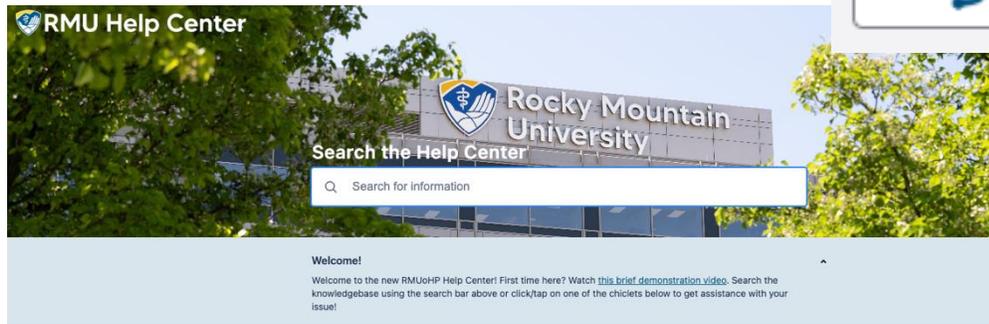
- **In this PowerPoint, we covered:**
- How to navigate LibLynx (you should be able to customize your panels and find the resources you need)
- How to use a Discovery Service (you should be able to choose a database/Discovery Service (such as EBSCO) and execute a basic search)
- How to find Full-Text (Look for the PDF or request through Interlibrary Loan; if you haven't downloaded LibKey Nomad, do it NOW. (You will thank me later)
- Quick Intro to Citation Managers (Endnote)
- How to Contact Your Librarians (In person, email, or Book a Librarian.)

Please review this PowerPoint if any of these items are missing from your memory bank.

Librarian Contact information

Email: library@rm.edu

Service Desk and Help Center:
go to your Okta Dashboard



Up Next:

Read either the following PowerPoints or watch the videos:

- Choose Your Search Engine
- Developing a Research Strategy: PubMed
- The Tinker Toy Method of Research
- Finding Full-Text
- Optional: Additional Databases



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