Finding Full Text Learning Resource Center



Summary and Takeaways

You should have carefully read the previous PowerPoints. Here is what we covered:

- Search our paid subscription databases before you Google
- Break Your Research Question into Basic Concepts
- Brainstorm for Synonyms
- Use the Tinker Toy Method
- MeSH terms are a helpful tool
- Don't despair when your search gives you zero results
- Contact your librarians for help



Learning Objectives for Finding Full Text

- Recognize full-text options in EBSCO, PubMed, Ovid, and Embase
- Learn How to Look for Full Text in Google Scholar
- Know a Variety of Ways to Submit Interlibrary Loan (ILL) Requests
- Plan ahead. ILL takes a few days and generally will not be filled on weekends. If you have an assignment due Sunday night, Friday night is too late to submit an ILL request.



Publishers Want to Make Money

All publishers stay in business by making money. Some make more than others. With minor exceptions, you can always get full text if you are willing to pay for the article.

While you're a student at RMU, we **Do Not** expect you to pay for articles needed for your schooling. We have ways of getting articles for free. As you search, if you come across a "pay wall," do not pay and do not despair.

Read on for ways to get articles for free.



Our Search in Previous PowerPoints

Here is the search we ran in "Choose a Search Engine":

marijuana or cannabis or CBD or cannabidiol or phytocannabinoid or cannabidiolum AND

treatment or therapy or therapeutic or intervention or management or remedial or remedy

AND

anxiety **or** "social anxiety" **or** agoraphobia **or** agoraphobic **or** "panic attack"

Let's look at our results

Finding Full Text Options in EBSCO

Peer reviewed | Academic Journal

Click the "Access options" dropdown to see what options there are.



7

8

Cannabidiol enhancement of exposure *therapy* in *treatment* refractory patients with *social anxiety* disorder and *panic* disorder with *agoraphobia*: A randomised controlled trial

By: Kwee, Caroline MB; Baas, Johanna MP; van der Flier, Febe E; +8 more • In: European Neuropsychopharmacology, June 2022 • ScienceDirect

Access options V
 🗵 LibKey Instant PDF
Check for Full Text via LibKey Link
😴 Peer reviewed Academic Journal



Effect of Preoperative Oral *Cannabidiol*-Rich *Cannabis* Extract on *Anxiety* and Postoperative Pain after Endodontic *Treatment*: A Double-Blind Randomized Clinical Trial

By: de Andrade Silva, Silmara; Velozo, Christianne; de Almeida Souto Montenegro, Luiza; +4 more • In: Journal of Endodontics, December 2024 • ScienceDirect



LibKey Instant PDF

LibKey Instant PDF takes you directly to the PDF.



Check for Full Text via LibKey Link

The "Check for Full Text via LibKey Link" also provides the full text with an intermediate screen. You can download the PDF or go to the publisher's site to see the entire journal issue where the article appears.

There is one other thing LibKey is doing in the background.



Retracted Articles

Sometimes articles are retracted for a variety of reasons. LibKey will notify you if there has been a retraction and the reasons for the retraction.









Find another article

Retraction Details (Learn More):

OFFICIAL RETRACTION NOTICE	ઉ
RETRACTION WATCH RELATED ARTICLE 1	ଟ୍ୟ
RETRACTION WATCH RELATED ARTICLE 2	ନ
RETRACTION WATCH RELATED ARTICLE 3	ઉ

Reason for retraction from Retraction Watch:

- CONCERNS/ISSUES ABOUT DATA
- CONCERNS/ISSUES ABOUT RESULTS AND/OR CONCLUSIONS
- INVESTIGATION BY JOURNAL/PUBLISHER
- INVESTIGATION BY THIRD PARTY
- RETRACT AND REPLACE
- UPGRADE/UPDATE OF PRIOR NOTICE(S)

Third Party Resources

You will be directed to some free PDFs through third-party agreements, such as this one from ERIC or the **Directory of Online Access Journals** (DOAJ).



2

34

Journa

Health

and

Education.

🔗 Peer reviewed | Academic Journal

A Preliminary Investigation of Acceptance and Commitment *Therapy* as a *Treatment* for *Marijuana* Dependence in Adults

By: Twohig, Michael P.; Shoenberger, Deacon; Hayes, Steven C. • In: Journal of Applied Behavior Analysis, Win 2007 • ERIC

In this investigation, 3 adults who met criteria for *marijuana* dependence were treated using an abbreviated version of acceptance and commitment *therapy* (ACT). The *treatment* was delivered in eight weekly 90-min individual sessions. The effects of the *int*... Show more

Subjects: Marijuana; Therapy; Depression (Psychology); Anxiety; +7 more



Peer reviewed | Academic Journal
The impact of cannabis on endurance and performance of athletes - risks and benefits - a literature review
By: Paweł Nojek; Gustaw Błaszczyński; Agnieszka Nowotarska; +3 more • In: Journal of Education, Health and Sport, 2024 • Directory

of Open Access Journals

Introduction and Objective. *Cannabis*, particularly its active compounds THC (tetrahydrocannabinol) and *CBD (cannabidiol*), has gained attention in the sports community for its potential *therapeutic* benefits. Researchers are exploring its use in managing pa... Show more

Subjects: CBD; THC; cannabinoids; cannabis; +6 more



Interlibrary Loan

If LibKey cannot find a free PDF, it will provide the option to request it through Interlibrary Loan (ILL).

Each publisher handles things differently. LibKey is doing many things in the



background, trying to find the article for you.

Summary: Finding Full Text Options in EBSCO

There are four options for full text in EBSCO:

- 1. PDF symbol
- 2. LibKey Instant PDF
- 3. Free PDF from a third party, such as ERIC or DOAJ
- 4. Check for Full Text via LibKey. This may provide a free PDF, inform you of a retraction, or allow you to request it through Interlibrary Loan (ILL).

Access options V	
LibKey Instant PDF	
Check for Full Text via LibKe	y Link
View record in DOAJ	

What if what you want is in your results list, but the Full Text Finder only gives you the option to Request through ILL?



- 1. Click on the Title
- 2. Copy the title from the abstract page
- 3. Go to scholar.google.com (see the link on your LibLynx page)
- 4. Paste the link in the search box and click search

Discovery Services			
EBSCO Discovery			
Library Catalog via WorldCat Discovery			
PubMed			
Google Scholar			
Google Scholar			
search Google Scholar by keyword	Search		

≡ Google Scholar Discriminative-stimulus effects of cannabidiol oil in Sprague-Dawley rats Q Articles Any time Discriminative-stimulus effects of cannabidiol oil in Sprague-Dawley rats [PDF] nih.gov Since 2025 RL Chalmé, MA Frankot, KG Anderson Behavioural pharmacology, 2024 · journals.lww.com Since 2024 Since 2021 Abstract Custom range... Cannabidiol (CBD) is one of the major centrally active phytocannabinoid components of cannabis, and has been approved by the FDA only for the treatment of seizures Sort by relevance associated with three rare disorders. It has also been touted as a potential treatment for Sort by date anxiety in place of more traditional treatments like benzodiazepines. Although there is some evidence of anxiolytic effects of CBD, its suitability as a substitute for Anything



Behav Pharmacol. Author manuscript; available in PMC 2024 March 08.

Published in final edited form as:

Behav Pharmacol. 2024 February 01; 35(1): 36-46. doi:10.1097/FBP.000000000000762.

Discriminative-stimulus effects of cannabidiol oil in Sprague-Dawley rats

Rehease I Chaimáil Michaile A Frankath Karan C Andersonh

Google Scholar provides a link to PubMed. It is full text but an "Author manuscript." You may need the final published version, but the "Author manuscript" will help you determine that.

You can link your Google Scholar account to your rm.edu account, which will link you to any full-text articles in our subscriptions. Click on your person icon at the top right of your screen. Here, you see, mine is set to my RMU email address. If yours isn't, click "My Account" to change that.

By doing that, you will start seeing links on the side of the listing to FullText@RMUoHP. Click to be redirected to RMU's subscriptions.





What if it isn't available in Google Scholar? You could request ILL. Or . . . you could try Google. But... aren't the results in Google and Google Scholar the same? **No.**

Open your Google browser and paste the title into the search box.

The first listing says "fulltext," but they may want money. . . . And they do





You can look around. It may be there. Two helpful sources are researchgate.net and academia.edu. They are free websites, but you must register with them.

Researchgate has the article with an option to request the PDF from one of the authors. We can likely get the article faster through ILL. It depends on how often the authors check their accounts. www.researchgate.net > publication > 336862677_Cannabinoids_for_th... Cannabinoids for the treatment of mental disorders and ... Jan 28, 2020 Request PDF Cannabinoids for the treatment of mental disorders and symptoms of mental disorders: a systematic review and meta-analysis ...

www.mdlinx.com > mental-disorders-cannabinoids > 2019/12/03 💌

Cannabinoids for the treatment of mental disorders ... - MDLinx Dec 3, 2019 - Cannabinoids for the treatment of mental disorders and symptoms of mental disorders: A systematic review and meta-analysis. The Lancet ...

www.sciencedaily.com > releases > 2019/10 -

Insufficient evidence that medicinal cannabinoids improve ...

Oct 28, 2019 - Cannabinoids for the treatment of mental disorders and symptoms of mental disorders: a systematic review and meta-analysis. The Lancet ...

www.psychiatryadvisor.com > Home > Topics > Mood Disorders 💌

Scarce Evidence for Efficacy of Cannabinoid Treatment for ...

Nov 18, 2019 - Cannabinoids for the treatment of mental disorders and symptoms of mental disorders: a systematic review and meta-analysis [published ...

Options for Finding Full Text: PubMed

PubMed is generally an indexing and abstracting service with little full text. There are several ways to get full text from PubMed.

- Look for the "PMC" symbol. PMC stands for PubMed Central, a full-text service for PubMed.
- 2. Look for the RMU logo, which links to our full-text holdings in EBSCO and Ovid.
- 3. Meanwhile, here is something incredible! LibKey Nomad.



However, in certain individuals, exposure to severe or cumulative stressors can lead to an array of pathological conditions including posttraumatic stress **disorder** (PTSD), characterized by debilitating trauma-related intrusive thoughts, avoidance behaviors, hyperarousal, as well as depressed mood and **anxiety**. ...Finally, we propose that a state of endocannabinoid deficiency could represent a stress susceptibility endophenotype predisposing to the development of trauma-related psychopathology and provide biologically plausible support for the self-medication hypotheses used to explain high rates of cannabis use in patients with trauma-related **disorders**....

The LibKey Nomad browser extension will automatically be on your RMUbranded browser. Look in the top right-hand corner for this teardrop. Yours may be gray. If so, click on it. A window will pop up. Click on the dropdown arrow. Find Rocky Mountain University. Click on it; click outside the box, and the box will close. You are good to go.





What if you don't use the RMU-branded browser? No problem. Go to to download it. It works with Safari, Firefox, and many other browsers.



So, what does it do???????

Excellent Question!



LibKey Nomad, as the name implies, travels with you. What if you are cruising the internet and find an article? You click on it, and the "Get Access" link at the top takes you to a paywall. What now?

Look for the LibKeyNomad icon, lower left-hand corner. It may provide the full text or give an ILL link to submit a request.

LibKeyNomad works with most publisher sites and, most importantly, PubMed. Did you notice the LibKeyNomad icon on the PubMed page results? They are beautiful!



pathological conditions including posttraumatic stress **disorder** (PTSD), characterized by debilitating trauma-related intrusive thoughts, avoidance behaviors, hyperarousal, as well as depressed mood and **anxiety**. ...Finally, we propose that a state of endocannabinoid deficiency could represent a stress susceptibility endophenotype predisposing to the development of trauma-related psychopathology and provide biologically plausible support for the self-medication hypotheses used to explain high rates of cannabis use in patients with trauma-related **disorders**....

Nomad even works with Wikipedia, but you would never use it, of course.

Wikipedia is a great finding tool, but not a resource you would cite. And LibKey Nomad makes it even better.

References

1. A Gautam S, Jain A, Gautam M, Gautam A, Jagawat T (January 2019). "Clinical Practice Guidelines for Bipolar Affective Disorder (BPAD) in Children and Adolescents" #2. Indian Journal of Psychiatry. 61 (Suppl 2): 294-305. doi:10.4103/psychiatry Indian JPsychiatry 570 18:97 PMC 6345130 @. PMID 30745704 g.

Article Link

2. A # b c d # Edward Shorter (2005): A Historical Dictionary of Psychiatry: New York: Oxford University Press. pp. 165-166. ISBN 978-0-19-517668-1.

- 3. A Coyle N, Paice JA (2015). Oxford Textbook of Paliative Nursing, Oxford University Press, Incorporated, p. 623. ISBN 9780199332342
- 4. x = b c d = f g h i j k i m n o p q r = f u v w = y Anderson IM. Haddad PM, Scott J (December 27, 2012). "Bipolar disorder". BMJ (Clinical Research Ed.): 345: e8508. doi:10.1136/bmi.e8508d9. PMID 23271744-9.

Access Options...

5. A # b c d # f g h / / k / m ⁿ American Psychiatry Association (2013). Diagnostic and Statistical Manual of Mental Disorders (5th ed.). Arlington: American Psychiatric Publishing. pp. 123-154. ISBN 978-0-89042-555-8.

6. * * b C Schmitt A. Malchow B. Hasan A. Falkai P (February 2014). "The impact of environmental factors in severe psychiatric disorders* 2. Front Neurosci. 8 (19): 19. doi:10.3389/fnins.2014.00019/2. PMC 3920481 @. PMID 24574956-2.

Download PDF

- 7. * "DSM IV Criteria for Manic Episode" @. Archived @ from the original on July 31, 2017.
- 8. A Goodwin GM (2012). "Bipolar disorder". Medicine. 40 (11): 596-598. doi:10.1016/j.mpmed.2012.08.011 gl.

Provided by Access Options...

Health Professions

Rocky Mountain University of Charney A, Sklar P (2018). "Genetics of Schizophrenia and polar Disorder" g. In Charney D, Nestler E, Sklar P, Buxbaum J (eds.). Chamey & Nestler's Neurobiology of Mental Illness

63. A Young, JW; Dulcis, D (July 15, 2015). "Investigating the mechanism(s) underlying switching between states in bipolar disorder" (9. European Journal of Pharmacology, 759: 151-62. doi:10.1016/j.ejphar.2015.03.019/9. PMC 4437855 & PMID 25814263 d2.

Download PDF

- 64. A Murray ED, Buttner N, Price BH. (2012) Depression and Psychosis in Neurological Practice. In: Neurology in Clinical Practice, 6th Edition, Bradley WG, Daroff RB, Fenichel GM, Jankovic J (eds.) Butterworth Heinemann. April 12, 2012. ISBN 1-4377-0434-4 | ISBN 978-1-4377-0434-1
- 65. A Bora E, Fornito A, Yúcel M, Pantelis C (June 2010) "Voxelwise meta-analysis of gray matter abnormalities in bipolar disorder". Biological Psychiatry. 67 (11): 1097-1105. doi:10.1016j.biopsych.2010.01.020 gr. PMID 20303066 gr.

Access Options...

- 66. * Kempton MJ, Geddes JR, Ettinger U, Williams SC, Grasby PM (September 2008). "Meta-analysis, database, and metaregression of 98 structural imaging studies in bipolar disorder". Archives of General Psychiatry, 65 (9): 1017-1032. doi:10.1001/archpsyc.65.9.1017 (2. PMID 18762588 (2. Download PDF
- 67. Amone D, Cavanagh J, Gerber D, Lawrie SM, Ebmeier KP, McIntosh AM (September 2009). "Magnetic resonance imaging studies in bipolar disorder and schizophrenia: meta-analysis*. The British Journal of Psychiatry. 195 (3): 194-201. doi:10.1192/bjp.bp.108.059717-9. PMID 19721106-9. Access Options...
- 68. * Selvaraj S, Arnone D, Job D, Stanfield A, Farrow TF, Nugent AC, Scherk H, Gruber O, Chen X, Sachdev PS, Dickstein DP, Malhi GS, Ha TH, Ha K, Phillips ML, McIntosh AM (March 2012). "Grey matter differences in bipolar disorder: a metaanalysis of voxel-based morphometry studies". Bipolar Disorders. 14 (2): 135-145. doi:10.1111/j.1399-5618.2012.01000.xi9. PMID 22420589.9.

Access Options...

69 A # D 6 Strakowski SM Adler CM Almeida J Altsbuler I I

125. A McCloud TL, Caddy C, Jochim J, Rendell JM, Diamond PR. Shuttleworth C, Brett D, Amit BH, McShane R, Hamadi L, Hawton K, Cipriani A (September 2015), "Ketamine and other glutamate receptor modulators for depression in bipolar disorder in adults". The Cochrane Database of Systematic Reviews, 9 (9): CD011611. doi:10.1002/14651858.CD011611.pub2d9. PMID 26415966d9.

Access Options...

126. A Macritchie K. Geddes JR. Scott J. Haslam D. de Lima M. Goodwin G (2003). Reid K (ed.). "Valproate for acute mood episodes in bipolar disorder". Cochrane Database of Systematic Reviews (1): CD004052.

doi:10.1002/14651858.CD004052.g2. PMID 12535506.g2. Access Options...

127. A Post RM, Ketter TA, Uhde T, Ballenger JC (2007). "Thirty years of clinical experience with carbamazepine in the treatment of bipolar illness: Principles and practice*, CNS Drugs. 21 (1): 47-71. doi:10.2165/00023210-200721010-00005 g, PMID 17190529 g.

Access Options...

128. A Rapoport SI, Basselin M, Kim HW, Rao JS (October 2009). "Bipolar disorder and mechanisms of action of mood stabilizers* 9, Brain Res Rev. 61 (2): 185-209. doi:10.1016(j.brainresrey.2009.06.003 g/, PMC 2757443 2. PMID 19555719 69.

Manuscript PDF

- 129. A Geddes JR, Calabrese JR, Goodwin GM (2008). "Lamotrigine for treatment of bipolar depression: Independent meta-analysis and meta-regression of individual patient data from five randomised trials". The British Journal of Psychiatry. 194 (1): 4-9. doi:10.1192/bjp.bp.107.048504-9. PMID 19118318-9. Access Options...
- 130. * van der Loos ML, Kölling P, Knoppert-van der Klein EA, Nolen WA (2007). "Lamotrigine in the treatment of bipolar disorder, a review". Tijdschrift voor Psychiatrie. 49 (2): 95-103. PMID 17290338 g.
- 131 A Vasudev K. Marritchie K. Geddes J. Watson S. Youss A.

Full Text: Embase

Embase stands for Excerpta Medica dataBASE, and it's a biomedical database that contains over 32 million records and has international coverage. Records are indexed and abstracted. There is some overlap with EBSCO, and you can look for the Full Text Finder link in Embase, which will take you to full text in EBSCO or to the publisher site (which may want payment).



Look for LibKey Nomad. It is following you.

Access Options... Rocky Mountain University of Health Professions

Full Text: Ovid

Ovid is a (mostly) full text database. It contains 296 journals, including the American Journal of Nursing.



Interlibrary Loan (ILL)

Some thoughts about Interlibrary Loan.

We have reciprocal agreements with other medical libraries through a government service called DocLine and through WorldShare. We can submit our requests, and other libraries will respond. Sometimes, it is quick, and other times, requests bounce from library to library. It generally takes three to five business days to complete your request. If you don't receive your article by then, please get in touch with us, and we will follow up.



Interlibrary Loan (ILL)

There are lots of ways to request articles through Interlibrary Loan. If you are confused, and not sure how to make a request, copy and paste the article information you have and send us an email.

Please provide as much information as you have available.

Email:

We will take it from there!



Full Text: Summary

Takeaways:

- Look for the PDF symbol and the Full Text Finder link
- Take Advantage of LibKeyNomad (it is Awesome!)
- Never Pay for an Article
 - Request Articles Through Interlibrary Loan (ILL)
 - If We Can't Get it Through ILL, We Will Purchase it for You (At No Cost to You)
- Check Google Scholar
- Check Google
- Contact Your Librarians





Next Steps

More PowerPoints

Research tools

- Embase
- ProQuest







Rocky Mountain University of Health Professions

1800 S. Novell Place, Provo, Utah 84606 | 801.375.5125 | rm.edu